CONGRATULATIONS!

Your child has been selected to participate in a summer camp.
If your child no longer wishes to participate, it is IMPORTANT to contact the CC / Sqn Contact Officer,
since a lot of cadets are on a waiting list.

TRANSPORTATION

Dress during transportation: All cadets must travel in uniform (pants, belt, boots, shirt or gunshirt, nametag) but without epaulettes, without tunic and without tie.

Transport Information:

**Group Movements:** Corps / Squadrons (CC / Sqn) will receive, no later than June 1\textsuperscript{st}, the group transportation dates and schedules for all cadets. The majority of cadets will travel in groups by chartered bus. An adult will be present in the bus.

**Movement Outside of Québec:** For cadets traveling to Cadet Training Centres outside of Québec, you will receive from your CC / Sqn Contact Officer the information pertaining to the movement route. If you have not received this information one week prior to the departure date, inform the Contact Officer.

**Transportation with Parents:** Parents who decide to drive their child directly to the Cadet Training Centre must contact the CC / Sqn Contact Officer as soon as possible.

**Air Travel:** Cadets traveling by plane will receive special security and luggage instructions from the CC / Sqn Contact Officer. Cadets must have a valid government approved ID with picture on which the name, date of birth and gender can be found, i.e., health insurance card.

**Cadets Residing in the Immediate Area of the Camp:** Cadets residing in the immediate area of the camp can report on site in accordance with the times indicated on the individual travel itinerary given by the CC / Sqn.

**Departure from the CTC:** Cadets will be allowed to leave with their parents / guardians after the Graduation parade. Cadets returning by bus will be informed of the schedule and procedure 48 hours before departure.

**Staff Cadets’ Transportation:** It is strongly recommended to use the means of transportation provided for movement to and from camp. Also, we want to remind all staff cadets that no travel expenses related to the use of a personal vehicle will be authorized if a chartered transportation is provided. However, they must notify the Movement Coordination Centre (MCC) if they are using their personal vehicle.

MOVEMENT COORDINATION CENTRE (MCC)

**Address:**
2nd Div support base, Det. Mtl 6560, Hochelaga Bld 212 Montréal QC H1N 1X9
Phone : 514 252-2777 ext. 2703 1-800-810-2347

Movement control and help:

The Movement Coordination Centre (MCC) will coordinate all cadet movements to the Cadet Training Centres.

The MCC will be operational day and night from June 17 to August 23 2019. In case of a problem or delay during movement, contact the MCC toll free for help or immediate assistance at : 1-800-810-2347.

EMERGENCY DURING SUMMER

In case of emergency, parents / guardians can communicate with their child’s Training Centre’s staff. See the information for each camp in the following pages.
INFORMATION ON CAMPS

CORRESPONDENCE
For all correspondence with your child, the following information must be written:
Your child’s first and last name, title of the course (if known) and camp address.

VALCARTIER CADET TRAINING CENTRE (VALCARTIER CTC)

Contact information
2nd Canadian Div support base
Valcartier
PO Box 1000, Station Forces
Courcelette QC G0A 4Z0

Tel: 418 844-5000, ext. 3500
Fax: 418 844-3702
Email: CECV@cadets.gc.ca

Graduation parades:
First 2-week Course: 19 July 2019 - 10 h
First 3-week Courses: 26 July 2019 - 10 h
Second 2-week Course: 2 August 2019 - 10 h
Final Graduation: 17 August 2019 - 9 h

Short leave Policy
Short leaves are not permitted for cadets attending a 2-week course
For 3-week and 6-week courses, short leave permissions may be authorized during weekends 2, 3, 4, and 5. There may be exceptions for some courses. Write an email to the CTC’s generic email or follow us on Facebook for more information. For cadets on Expedition Instructor Course who wish to leave, an authorization will be available from July 19th at 11:00 am to July 22 at 8:00 pm.

BAGOTVILLE CADET TRAINING CENTRE (BAGOTVILLE CTC)

Contact information
Canadian Forces Base Bagotville
PO Box 5000, Station Bureau-chef
Alouette QC G0V 1A0

Tel: 418 677-4000, ext. 7906
Fax: 418 677-4000, ext 7111
Email: CECB@cadets.gc.ca

Graduation parades:
First 2-week Course: 19 July 2019 - 10 h
First 3-week Courses: 26 July 2019 - 10 h
Second 2-week Course: 2 August 2019 - 10 h
Final Graduation: 17 August 2019 - 10 h

Short leave Policy
Short leaves are not permitted for cadets attending a 2-week course
For 3-week and 6-week courses, short leave permissions may be authorized during weekends 2, 3, 4, and 5. There may be exceptions for some courses. Write an email to the CTC’s generic email or follow us on Facebook for more information.

Do not forget to submit the Short Leave Authorization Form, attached.
CADET MUSIC TRAINING CENTRE (CMTC)

Contact information
200 St-Sacrement Blvd
St-Gabriel-de-Valcartier QC G0A 4S0
Tel: 418 844-2691, ext. 2000
Fax: 418 844-0213
(located in the Mont St-Sacrement Highschool)
Email: CEMC@cadets.gc.ca

Graduation parade:
First 3-week Courses: 26 July 2019 - 10 h
Final Graduation: 16 August 2019 - 18 h 30*
Final Show of the Summer: 16 August 2019 - 14 h
*Cadets who ask for it may leave camp with their parents after the parade.

Short leave Policy
For 3-week and 6-week courses, short leave permissions may be authorized during weekends 2, 3, 4, and 5. There may be exceptions for some courses. Write an email to the CTC’s generic email address or follow us on Facebook for more information.
Do not forget to submit the Short Leave Authorization Form, attached.

SAINT-JEAN CADET FLYING TRAINING CENTRE (ST-JEAN CFTC)

Contact information
30, Blvd du Séminaire Sud,
St-Jean-sur-Richelieu QC J3B 5J4
Tel: 450 347-5301, ext. 252
Fax: 450 347-5623
(located in the Saint-Jean sur Richelieu CEGEP)
Email: CEVC@cadets.gc.ca

Graduation parade:
10 August 2019 - 14h  HD4 Hangar of the Saint-Jean Garrison

Short leave Policy
Short leaves from Saturdays 18h00 to Sundays 20h00, but can be subject to change according to training. Enter by Door no. 1.
Cadets on the Power Pilot Scholarship will receive more information on leave at a later date.
Do not forget to submit the Short Leave Authorization Form, attached.

SOCIAL MEDIAS

Follow the Training Centres on Facebook and Twitter!

@CadetsValcartier
@CadetsBagotville
@CadetsMSS
@CadetsStJean

@CadetValcartier
@CadetBagotville
@CadetsMSS
@CadetsStJean
LIST OF ITEMS TO BRING

Uniform
☐ Uniform for departure
☐ Elemental T-Shirts (1)
☐ Wool socks (2)
☐ Polar (winter coat liner) (1)
☐ Training dress (Sea)
☐ Field uniform with boots (Army)

Course / Training specific clothes and items
☐ Additional running shoes (sports)
☐ Tunic (drill/Advanced Musician)
☐ Nautical shoes and clothes (expedition / Sea Training)
☐ Walking boots (expedition - Optional)
☐ Phase 5 / Staff Cadet / Level 5 Logbook - for staff cadets
☐ Boatswain Mate and Ship Boat Operator Logbook
☐ Personal musical instrument (optional - The instrument is the cadet’s personal responsibility.)

Civilian Clothing
☐ Running shoes (1)
☐ Shorts (2)
☐ Pants (2)
☐ Sweatpants (2)
☐ Sports T-Shirts (4)
☐ Long sleeve sweater (2)
☐ Cotton socks (7)
☐ Underwear (7)
☐ Pajamas (1)
☐ Swimsuit (one piece) (1)

Symbols that are violent, racist, sexist, related to alcohol or offensive will not be tolerated on civilian clothing.

Necessary Personal Items
☐ Soap and soap dish
☐ Shampoo
☐ Comb or hairbrush
☐ Toothbrush, toothpaste and flow
☐ Shower sandals
☐ Face clothes (2)
☐ Bath towels (2)
☐ Antiperspirant
☐ Razor and shaving cream
☐ Sanitary pads
☐ Swimming cap
☐ Sunscreen (protection 30)
☐ Lip balm
☐ Combination locks (3)
☐ Pencil case and pencils
☐ Note pads
☐ Tissues
☐ Hangers (5)
☐ Laundry detergent
☐ Black shoe polish kit
☐ Nail clipper / file
☐ Small backpack / water bottle (optional)
☐ Camera (optional)
☐ Alarm clock (optional)
☐ Electronic devices (personal choice)
☐ Iron (optional)
☐ Wipes (expedition)
☐ Security lanyard for glasses
☐ Medicalert bracelet (highly recommended - allergies/severe health problem)

IMPORTANT (DO NOT FORGET)
☐ Health insurance card (mandatory)
☐ Prescription medication (original packaging with a copy of the valid prescription).
Place so to be easily accessed on the luggages for arrival on camp.
☐ Form - Prescribed medication administration, attached
☐ Form - Short leave authorization, attached
☐ Pocket money (approximately 20$)
☐ Void cheque and Direct Deposit Form, attached (3-week and 6-week courses).
☐ Calling card (as needed)
**DISCIPLINE**

All CTC participants must adhere to rules and regulations promulgated by CTC authorities, including the rules of community life and the Code of Conduct.

**Drug / Alcohol / Non-Prescribed Medication / Energy Drinks:** The use or possession of these items is forbidden.

**Weapons:** Firearms and edged weapons like knives, pocket knives, machetes, etc. are prohibited. Laser pointers, lighters and any other device used to light a flame are also prohibited.

**Smoking:** There are programs in place to encourage staff and cadets to quit smoking. No tobacco products are sold on CTC canteens. The use and possession of cannabis is prohibited for cadets.

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**SERVICES AVAILABLE**

The following services are available on all our camps:

- Canteen (in the evening)
- Barber (weekly)
- Wifi (in the evening)
- Public phone
- Padre

**Training Allocation:** Cadets on 3 and 6-week courses must arrive on the Cadet Training Centre with a void check and the Direct Deposit Form to allow the deposit of their training allocation by direct deposit at the end of their course. Cadets participating on a 2-week course will receive their training allocation in cash at the end of their stay on the CTC.

Note that all cadets will receive, in cash money, an amount from their training allocation during camp to allow them to have pocket money for their personal expenses. It is however still recommended to bring around of $20 as pocket money on the CTC. It is possible that some expenses be paid directly from their training allocation, i.e., camp shirt, haircut.

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**MEDICAL INFORMATION**

Only elementary / emergency medical and dental care is available on each Cadet Training Centre. When you receive the Participation Offer, it is important to mention any change to the medical condition to the Medical Section. An ill-completed declaration can result in the cadet returning home before departure or upon arrival on camp.

**Medication:** We strongly encourage cadets who have prescribed medication to use blister packages (Dispills.) Many pharmacies offer this service free of charge. Otherwise, medication must be in their original packaging with the original label. Also, it is requested that cadets arrive on the CTC with enough medication to cover their complete stay on camp. Over-the-counter medication is authorized, but cadets cannot keep them. The medication must be in its original packaging, sealed, not expired, and the CATO 16-04 Annex C form (attached) must be completed and signed by parents before arrival on camp.

**Epipen:** Cadets with a medical condition that can cause anaphylactic shock must have in their possession two Epipens, as well as a copy of the Emergency Plan, available from the CC / Sqn’s staff.

Ref.: http://www.cadets.ca/en/about/medical-care.page

**Eyeglasses, Contact Lenses and Frames:** These articles are considered as cadets’ personal items. Consequently, it is strongly recommended that parents acquire insurance for the repair or replacement of glasses. Also, cadets who wear glasses must have a second pair and a copy of the prescription. Cadets are responsible of their glasses and must reduce the risk of loss and damages, by wearing a lanyard for example. If a cadet’s glasses are broken during stay on camp, the staff will coordinate the replacement with the parents and the costs incurred will be paid by them.
OTC (OVER THE COUNTER) / PRESCRIBED MEDICATION ADMINISTRATION (MUST BE FILLED PRIOR TO CSTC)

1. Identification of cadet:

_______________________________________
_______________________________________

(Full name and initials, unit and date of birth)

2. I, (parent/guardian/physician) give consent for this cadet to use over-the-counter (OTC) or prescription medications for known conditions.

3. I am aware that supervisor and medical staff will secure medication and make it available to the cadet at the prescribed time and they are available should the cadet have questions or concerns regarding medication.

4. Medication and quantity brought by the cadet:

   a. Name of drug ________________________
      Dosage ______________________________
      Administration time __________________
      Total quantity _______________________

   b. Name of drug ________________________
      Dosage ______________________________
      Administration time __________________
      Total quantity _______________________

(Parent/guardian/physician - signature and date)

Note: The medication needs to be in the original package or (if possible) blister packed.

ADMINISTRATION DE MÉDICAMENTS EN VENTE LIBRE / PRESCRIPTION (REPLIR AVANT LE CIEC)

1. Identification du cadet :

_______________________________________

(Nom complet, initiales, unité et date de naissance)

2. Je, (père/mère/tuteur/médecin), consent à la consommation par ce cadet, de médicaments en vente libre ou prescription visant des états connus.

3. Je comprends que le superviseur ainsi que le personnel médical va sécuriser et distribuer les médicaments au cadet au temps prescrit et sera disponible pour répondre aux questions ou aux préoccupations du cadet quant à ses médicaments.

4. Médicaments et quantités conservés par le cadet :

   a. Nom du médicament __________________
      Dosage ______________________________
      Heure d’administration __________________
      Quantité totale _______________________

   b. Nom du médicament __________________
      Dosage ______________________________
      Heure d’administration __________________
      Quantité totale _______________________

(Père/mère/tuteur/médecin – signature et date)

Nota: Les médicaments doivent être dans leur emballage original ou sous plaquettes
Identification of cadet:

_______________________________________
_______________________________________

(Full name and initials, unit and date of birth)

c. Name of drug_______________________
Dosage______________________________
Administration time__________________
Total quantity_______________________

d. Name of drug_______________________
Dosage______________________________
Administration time__________________
Total quantity_______________________

e. Name of drug_______________________
Dosage______________________________
Administration time__________________
Total quantity_______________________

f. Name of drug_______________________
Dosage______________________________
Administration time__________________
Total quantity_______________________

(Parent/guardian/physician - signature and date)

Note: The medication needs to be in the original package or (if possible) blister packed.

Identification du cadet :

_______________________________________

(Nom complet, initiales, unité et date de naissance)

c. Nom du médicament __________________
Dosage______________________________
Heure d’administration________________
Quantité totale_______________________

d. Nom du médicament __________________
Dosage______________________________
Heure d’administration________________
Quantité totale_______________________

e. Nom du médicament __________________
Dosage______________________________
Heure d’administration________________
Quantité totale_______________________

f. Nom du médicament __________________
Dosage______________________________
Heure d’administration________________
Quantité totale_______________________

(Père/mère/tuteur/médecin – signature et date)

Nota: Les médicaments doivent être dans leur emballage original et de préférence sous plaquettes thermoformées si possible.
FORM – LEAVE AUTHORIZATION

A - Guidelines for Parents / Guardians

Your child will be allowed to leave the Cadet Training Centre (CTC) with the individuals and within the limitations that you will identify on this form. For any modification, once your child / ward on the CTC, send a fax or an email to the concerned CTC. NO INDIVIDUAL AUTHORIZATION will be granted without this notice of consent. The identity of the individuals wishing to take charge of a cadet will be verified using an ID card with picture.

This form applies only to cadets aged under 18. It covers only periods of leave, not activities outside of the CTC organized by the CTC and during which your child / ward will be supervised by CTC staff.

The CTC Commanding Officer is the ultimate authority regarding the policy of leaves granted to all members of the CTC.

If Handwritten, Please Write Legibly.

B - Identification of the Cadet

<table>
<thead>
<tr>
<th>CC / Sqn No:</th>
<th>Name:</th>
<th>Surname:</th>
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<th>Course:</th>
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No Parental Consent Required for Cadets Aged 18.

D - Leave Authorization (Only one box should be checked)

☐ I authorize my child / ward to go wherever they want during periods of leave or permission. May leave the CTC with any individual of their choice.

☐ I authorize my child / ward to leave with the individuals identified in Section E.

☐ I do not authorize my child / ward to leave the CTC, except during organized group outings, under supervision of the CTC staff.

C - Identification of the Parent / Guardian

<table>
<thead>
<tr>
<th>Name:</th>
<th>Surname:</th>
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<table>
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<tr>
<th>Home Address:</th>
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<table>
<thead>
<tr>
<th>Postal Code:</th>
<th>No</th>
<th>Street</th>
<th>Tél:</th>
<th>City</th>
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<th>Home:</th>
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<th>Email:</th>
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E - Responsible Individuals

If Needed, Write at the Bottom of the Form or Add Another Sheet.

I authorize the following individuals to take charge of my child / ward:

1. Name: ___________________________  Surname: ___________________________
   Address: ___________________________  Phone: (______)
   No/Apt/Str/City ___________________________  Cell: (_____)
   Relationship: ___________________________

2. Name: ___________________________  Surname: ___________________________
   Address: ___________________________  Phone: (______)
   No/Apt/Str/City ___________________________  Cell: (_____)
   Relationship: ___________________________

F - Remarks (Insert any other relevant information regarding leave authorizations for your child / ward.)

Signature (parent / ward): ___________________________  Date: ________________

version 8 May 2015
# DIRECT DEPOSIT REQUEST FORM
FORMULAIRE D’INSCRIPTION - DÉPÔT DIRECT

<table>
<thead>
<tr>
<th>Last Name - Nom</th>
<th>First Name - Prénom</th>
</tr>
</thead>
<tbody>
<tr>
<td>Full Address – Adresse complète</td>
<td>City/Town - Ville</td>
</tr>
<tr>
<td>Province</td>
<td>Postal Code – Code postal</td>
</tr>
<tr>
<td>Telephone (home) – Téléphone (maison)</td>
<td>Telephone (work) – Téléphone (travail)</td>
</tr>
<tr>
<td>Military</td>
<td>Civilian Instructor</td>
</tr>
<tr>
<td>Military</td>
<td>Instructeur civil</td>
</tr>
<tr>
<td>Staff Cadets</td>
<td>Cadets-cadres</td>
</tr>
<tr>
<td>Cadets</td>
<td></td>
</tr>
<tr>
<td>New request – Nouvelle demande</td>
<td>Change - Changement</td>
</tr>
<tr>
<td>Service Number - Numéro de matricule</td>
<td>Staff Cadets must bring their social insurance number on camp - Les cadets-cadres doivent apporter leur numéro d’assurance social au CEC</td>
</tr>
<tr>
<td>Unit - Unité</td>
<td>UIC - CIU</td>
</tr>
</tbody>
</table>

Attach a void cheque
Joindre un spécimen de chèque

I authorize the RCSU to deposit the payment(s) directly into my account until further notice.
J’autorise l’URSC à déposer les paiements directement dans mon compte jusqu’à nouvel ordre.

_________________________________________  ________________________________
Date                                      Signature of Applicant – Signature du (de la) réquérant (e)

This form can only be used for payments deposited in Canada.
Ce formulaire ne doit être utilisé que pour les paiements déposés au Canada.

If you wish to start direct deposit, you must check “New”.
Si vous désirez commencer le dépôt direct, vous devez cocher « Nouveau ».

If you wish to:
- change your financial institution,
- change the branch of your financial institution, or
- change your account number, you must check “Change”.
Si vous désirez:
- changer votre institution financière;
- changer la succursale, ou
- changer votre numéro de compte, vous devez cocher “Changement”

When you request one of these changes, DO NOT close your present direct deposit account until you receive your payment in accordance with that change.
Lorsque vous demandez un de ces changements, NE FERMEZ PAS le compte servant présentement au dépôt direct avant d’avoir reçu le paiement dans le compte modifié.

CDT 130 (avril 2019)
Parents / Guardians

Object: Increase in Confirmed Cases of Measles in Canada

Madam, Sir,

You are receiving this letter because your child, or even yourself (supervision personnel) will participate in activities at the Cadet Training Centres (CTC) this summer. Due to the recent increase in confirmed cases of measles in various parts of Canada, the Canadian Armed Forces and the Canadian Cadet Program wish to educate cadets and their legal guardians about the risks associated with this infection, so you can plan and obtain maximum protection.

Although mass vaccination against measles (combined vaccine: Measles, Mumps, and Rubella / MMR) has, for several years, contributed to reducing the number of people infected, we are currently concerned by the risk of contamination on CTCs.

It is strongly recommended that all cadets (or supervision personnel) who participate in the CTCs are up to date in regards to their immunization status (according to the Québec or home province immunization program.) Even if vaccination is not mandatory, we strongly suggest that you consider it, and its benefits.

If you have questions, please contact your CLSC and ask to speak with an immunization nurse. She will be able to guide and advise you. The following references, based on scientific and probative evidence, may be useful to you and help you make a free and informed decision:

For further information, please contact the RCSU Eastern Medical Section personnel at 1-800-681-8180 ext. 6686406 or 6686934.

J.S.P Lapointe
Lieutenant-Colonel
Commandant

Encl: 1

C.C.

DCO
COS
J3 OIC Area
CTC Personnel
CC / Sqn COs
Before participating in a CTC, please ensure that:

☐ The cadet brings their vaccination card (a copy is suggested)

☐ You have read and understood the content of this letter

☐ You have read and understood the recommended references (if necessary)

☐ The cadet or supervision personnel has received 2 doses of the MMR vaccine (combined vaccine for measles, mumps, and rubella) (not mandatory but highly recommended)
1. The National Cadet and Junior Canadian Rangers Support Group (Natl CJCR Sp Gp) is committed to providing a safe, respectful, and supportive environment where employees such as Cadet Instructor Cadre officers (CIC officers) or volunteers, adults, cadets and Junior Canadian Rangers (JCRs) can develop to their maximum potential. While every cadet or JCR is valued and unique, we come together as an organization in the best interests of the ones we support. The safety, respect, rights, and well-being of the cadets/JCRs we support are at the core of our daily operations. We facilitate supportive relationships with cadets/JCRs within appropriate boundaries. For these reasons, the Natl CJCR Sp Gp has developed the following Code of Conduct for all cadets/JCRs, including staff cadets. Please note that the expectations detailed below are in effect at all times (e.g., corps/squadron training, regionally directed activities, nationally directed activities and cadet training centre, community level training for JCR Patrols, Enhanced Training Sessions, etc.).

2. As a cadet/JCR in the Canadian Cadet Organizations (CCO), I understand that I must adhere to the cadet/JCR Code of Conduct. I acknowledge that I will:

   a. familiarize myself with and abide by all orders, regulations and directions in relation to my role and responsibilities as a cadet/JCR (specified in the Positive Social Relations for Youth lessons for cadets, and the Preventing Harassment and Abuse through Successful Education for JCRs);

   b. upon seeing any wrongdoing and/or inappropriate actions, stop the interaction (when/where safely able to so) and report the incident immediately to my supervisor;

   c. report any suspicion or knowledge of abuse of a cadet/JCR to my supervisor;

   d. ensure that safety is incorporated in all aspects of my role and responsibilities as a cadet/JCR and ensure the safety and well-being of others;

   e. strive to set a good example of dress, deportment and conduct;

   f. show respect to my subordinates, peers and superiors;

   g. be honest in my actions and communications with others. I will not lie, cheat or make a false declaration;

   h. use a calm, firm and reasonable tone of voice when giving instruction or addressing deficiencies with subordinates, avoiding yelling or swearing;

   i. not use profanity, vulgarity, or harassing language;

   j. take care of and be responsible for all clothing, materials and equipment that is loaned to me and intervene or report others who are not doing the same;

   k. respect the environment and my surroundings;
1. not steal, and I will respect the personal property and privacy of others;

m. not abuse my authority or inflict any physical or emotional abuse, which includes, but is not limited to, striking, humiliating, ridiculing, or making degrading comments;

n. request the presence of an adult staff member¹ when a circumstance is beyond my authority or ability;

o. not make any negative or offensive comments, gestures or displays regarding any person’s race, national or ethnic origin, colour, religion, age, sex, marital status, family status, disability, sexual orientation, gender identity or expression, or physical characteristics. This includes comments made verbally or in writing, as well as electronic communications and social media;

p. not exhibit conduct (through oral or written comments, electronic communications, gestures, displays or physical contact) that is of a sexual nature or has sexual connotations;

q. in order to respect others, maintain appropriate physical boundaries at all times, and I will not touch cadets without their permission except when absolutely necessary in an emergency situation;

r. not engage in fighting, shouting, bullying, or cyberbullying (email, instant messaging, chatting, social networking, sharing inappropriate photos, inappropriate comments on social media, etc.);

s. ensure that use of social media sites, even on personal time, does not reflect negatively on the CCO and/or the CAF and that online communications (email, instant messaging, chatting, social networking, social media, etc.) will follow the principles of respect, responsibility and consideration of others;

t. not disclose any personal information related to any other person by any means, which includes verbally or in writing as well as via electronic communications (email, instant messaging, chatting, social networking, social media, etc.); except when it could affect the health and well-being of the person or the corps/squadron;

u. not purchase, possess or consume alcohol at any time;

v. not use, distribute or possess illegal drugs or non-prescription drugs that would alter my behaviour. I will also not share my personal prescription drugs with anyone else;

w. not use, purchase, have in my possession or sell tobacco, cannabis products or e-cigarettes products;

x. not have knives, guns, or weapons in my possession other than those issued when authorized for approved training activities or required in the performance of my duties;

¹In the context of this code of conduct, the term “adult staff member” is inclusive all adult personnel involved with Cadets/JCRs, whether they are paid or not.
y. stay out of the opposite gender’s quarters unless specifically authorized for duty purposes;

z. not engage in intimate relationships, romantic or sexual conversations with adult staff members;

aa. maintain appropriate boundaries of behaviour during cadet activities regarding romantic relationships with other cadets; and

bb. not have pornographic materials in my possession.

3. I acknowledge that any failure to comply with this Code of Conduct may result in corrective action and may lead to disciplinary measure. This may include but not limited to termination of membership in the CCO, administrative action, or legal action, and may include involvement of the military or civilian police.

4. I am aware that I may speak with a NCM/CI/Officer/CR/volunteer at any time should I require any clarification on this Code of Conduct or should I need assistance in responding to any situation.

5. I have read the above and by signing below I am agreeing to adhere to this Code of Conduct.

__________________________  __________________________
Date  Cadet/JCR Signature (Print Name and Sign)

Υ I Acknowledge the above

__________________________  __________________________
Date  Cadet/JCR’s parent/guardian Signature (Print Name and Sign)

__________________________  __________________________
Date  Supervisor Signature (Print Name & Sign)

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2 In the context of this code of conduct, the term “adult staff member” is inclusive all adult personnel involved with Cadets/JCRs, whether they are paid or not.

3 Will be reviewed and signed every year, and registered in Fortress (cadets) and held on records (JCRs).