

CADET KIT LIST - FIELD TRAINING EXERCISE

Qty	Item	<input checked="" type="checkbox"/>
1	Backpack (suitable for hiking; no suitcases/rolling duffles)	
1	Winter Jacket (warm and waterproof)	
1	Windbreak Jacket	
1 Set	RAIN GEAR (Jacket and Pants)	
1	Sweater	
5	Shirts (long & short, depending on weather)	
3 Pairs	Pants for the field (no sweatpants/jeans)	
4	Undergarments	
As Req'd	Thermal undergarments	
1 Set	Sleeping attire (shirt & pants)	
4 Pairs	Cotton socks	
4 Pairs	Wool socks	
1	Winter/Hiking boots (warm and waterproof; no runners)	
1	Hat (inexpensive, no inappropriate logos/slogans)	
1	Toque	
1 Pair	Gloves (warm, waterproof)	
1 Set	Personal toiletries (Towels, Face cloths. Tooth brush/paste, Hair Comb, etc.)	
As Req'd	Shaving equipment (males only)	
1	Sleeping bag (rated for either winter or 3-season)	
1	Air mattress/ Foamie	
1	Waterproof Tarp (minimum size 8' x 10')	
1	Whistle	
1	Watch (inexpensive)	
1	Mug/Thermos (for hot liquids)	
1	Water bottle (must be full prior to leaving on Friday)	
1	Pad of paper & pen (for classes)	
1	Flashlight (with extra batteries)	
As Req'd	Prescription Medication	
1	Small first aid kit	
2	Large garbage bags	
--	Optional** OD Combat Clothing (CADPAT NOT PERMITTED)	
1	Optional** Sunscreen	
1	Optional** Sunglasses	
1	Optional** Knife with blade <u>under 4 inches</u>	
1	Optional** Rope/twine/string	

NOTES:

1. There will be NO RAIN GEAR provided so ensure you have your own PERSONAL set.
2. Gear must be packed and easy to carry by the cadet themselves; no suitcases/rolling duffles.
3. There is no evening meal provided on Friday night so ensure you have eaten before arrival.
4. The squadron is not responsible for any lost or damaged personal articles.
5. The staff will search each cadet's bag(s) before the trip to ensure everything listed is present and no prohibited items are present.