

111 RCACS Volleyball Tournament Rules - 2014

1. Serving line is one meter inside the outside (back) boundary line.
2. After service the defending team has the option of how it will return the service. However, no single player multiple hitting will be allowed.
3. Net serves will not count.
4. Balls must be hit on the fingertips when netting; no slapping.
5. Each mat is best of three games rally points to 25 for the first two games and to 15 for the third. (This may be adjusted for the on game day) Teams will switch end after each game.
6. A player is allowed 3 consecutive serves before rotation.
7. Players are not allowed to touch the net during play.
8. Centerline rules apply. Foot may touch the line if not interfering with play.
9. The ball must be rolled under the net after a loss of serve.
10. Extra player must be substituted into the team lineup with regular rotation.
11. During a timeout, active player must remain on the courts. Extra player must remain on the bench.
12. Teams need an 8 player minimum.
13. 2 x 30 second time outs per match
14. Every service will earn a point. A missed serve will be a point for the opposing team.
15. A ball hitting a boundary line is in
16. A ball is out if it hits
 - a. an antennae,
 - b. the floor completely outside the court,
 - c. any of the net or cables outside the antennae,
 - d. the referee stand or pole,
 - e. the ceiling above a non-playable area
17. It is legal to contact the ball with any part of a players body
18. It is illegal to catch, hold, or throw the ball
19. After the serve, front line players may switch positions at the net
20. The result of a violation is a **point for the opponent**.
 - a. When serving, **stepping on or across the service line** as you make contact with the serve
 - b. Failure to serve the ball over the net successfully

- c. **Contacting the ball illegally** (lifting, carrying, throwing, etc.)
- d. **Touching the net** with any part of the body while the ball is in play. Exception: If the ball is driven into the net with such force that it causes the net to contact an opposing player, no foul will be called, and the ball shall continue to be in play.
- e. When blocking a ball coming from the opponents court, contacting the ball when reaching over the net is a violation if both:
 - 1) your opponent hasn't used 3 contacts AND
 - 2) they have a player there to make a play on the ball
- f. When attacking a ball coming from the opponents court, contacting the ball when **reaching over the net** is a violation if the ball hasn't yet broken the vertical plane of the net.
- g. **Crossing the court centerline** with any part of your body. Exception: if it's the hand or foot, the entire hand or entire foot must cross for it to be a violation.
- h. **Serving out of order.**
- i. **Back row player blocking** (deflecting a ball coming from their opponent), when at the moment of contact the back row player is near the net and has part of his/her body above the top of the net (an illegal block).
- j. **Back row player attacking** a ball inside the front zone (the area inside the 10 foot line), when at the moment of contact the ball is completely above the net (an illegal attack).